#### Survival Guide

\*\*DISCLAIMER: Golden Gate Cathedral does not endorse any party or organization listed in this directory

"I choose to identify with the poor.

I choose to give my life for the hungry

I choose to give my life for those who

Have been left out of the sunlight of opportunity

This is the way I'm going.

If it means suffering a little bit,

I'm going that way...

If it means dying for them,

I'm going that way."

-Dr. Martin Luther King Jr.

Memphis/Shelby County

**Emergency Housing Partnership** 

New hotline for families

**260-HOME** 

(Operated 24 hours a day, 7 days a week.)

If your family is currently homeless, or facing imminent homeless, the Memphis/Shelby County Emergency Housing Partnership can help you find immediate assistance, as well as connect you with an Earn Benefits counselor that will help pursue benefits for which may be eligible.

Those callers with families will be assessed for eligibility for the Homelessness Prevention and Rapid Re-housing Program, or referred to Metropolitan Inter-Faith Association's Emergency Services program.

Only those with children who are either currently homeless, or are facing immediate and imminent homelessness qualify for the program. Others will be referred to programs more adequately suited to their needs.

If you are looking for help, or want to provide someone with help, just dial 2-1-1 to reach the community information and referral resources of LINC, the library information Center at the Memphis Public Library, LINC, in conjunction with United Way of the Mid-South, is the local source for community resources. LINC maintains a large, comprehensive database of human services organizations, government agencies and volunteer groups, which can now be accessed by dialing 2-1-1, or (901) 415-2790. The most frequent requests for help are food, protective servicers, legal assistance, child care, social support, housing, and mental health.

Free and immediate information for help when...

- · You are homeless and do not qualify for Rapid Re-housing programs
- · You need affordable, reliable child care.
- · You need help with clothing or meals.
- · You have questions about eligibility for Food Stamps (or other state and federal benefits).
- · You need information about available transportation for the disabled
- · You are seeking help with substance abuse or mental health problems
- · You are a runaway teen and are seeking help.

2-1-1 HOURS Mon-Thu 9 a.m. to 9 p.m. Fri-Sat 9 a.m. to 6 p.m. Sunday 1 p.m. to 5 p.m.

# Page 4 FORWARD

The Agency Listing and Reference sections of this Guide provide information about public and private agencies and organization offering services to homeless people. People not the following:

- 1. All the information in this Guide was collected from the agencies themselves and every effort possible were made to ensure accuracy. If there has been an error, please contact The Mid-South Peace and Justice Center we will update them on our next list.
- 2. Inclusion of a particular program or service in this directory does not constitute endorsement, or omission disapproval of a program or service.
- 3. Please be aware that many of the agencies and organizations listed in this Guide have limited resources. The fact that they are included does not guarantee that they are able to help everyone who is referred to them.

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Page 6 Letter from Manna House

Manna House

A place of Hospitality for Homeless and Poor Persons 1268 Jefferson, Memphis, TN 38104 Monday, Tuesday, Thursday, 8 am to 11:30

In the spirit of hospitality in each of the world's great religions, Manna House provides a place of welcome where persons are treated with respect and dignity.

Each day that we are open we offer, coffee, water, use of a restroom, a place to relax, read or play board games. On Mondays and Thursdays there are showers for men (limited to 20, with signup the previous day that Manna House is open), and on Tuesdays there are showers for women (limited to 15, with signup on Monday).

Also on Mondays and Thursdays "Socks and Hygiene" are offered to 51 persons. On Tuesday "Socks and Soap" are offered to 51 persons. There are no requirements for ID or social security number to access any of the services. To ensure that a person gets on the "Socks and Hygiene List" it is necessary to arrive before 8:30am; the list fills up fast, especially toward the end of the month. We begin to sign persons up for both "Socks and Hygiene" and the shower list at 7:45am. Manna House does not have a phone.

Manna House is funded completely by donations and neither seeks nor accepts any government funding. There is no paid staff at Manna House; all are volunteers.

Sincerely, Kathleen Kruczek, Co-Director Peter R. Gatheje, Co-Director

Letter from Door of Hope Page 7

Door of Hope
Open Tuesday, Wednesday, Thursday, Saturday, 11 am to 4pm (3pm on Saturday)
901-725 1140

Door of Hope provides a welcoming place where people living on the streets may learn healthy living skills and build positive relationships. Door of Hope prefers to work with people who have severe mental illnesses who have been on the streets for over a year. Guests at Door of Hope Support Center are invited in by outreach workers. Drop-ins are discouraged. People may be referred from other agencies with a note from the agency and a phone call (901-725-1140) alerting the staff.

Guests at Door of Hope who are still living on the streets or in shelters may take a shower or bath, wash clothes, use the phone and speak with a social worker. The social work staff will work with guests to gain access to benefits such as Food Stamps, SSI, SSDI and TennCare where possible. Guests needing identification or birth certificates referred to the HUB. Once a guest has benefits or income, efforts are made to find affordable housing in the neighborhood and to help guests remain housed. This might include helping guests connect or reconnect with mental health providers and with their family.

Door of Hope does outreach at other community organizations with similar missions, such as Manna House, the HUB and idle wild Presbyterian's More Than a Meal, connecting with potential guests who might be appropriate for the Door of Hope. The Outreach Team also maps locations where homeless may be sleeping at night and tries to help those who are most in need.

Once housed, Door of Hope continues to provide support to people who were once homeless. The Book Club (together for over a year) meets on Tuesdays, a Writing Group on Wednesday and a Bible Study on Thursdays. Door of Hope artists sell their wares at the Cooper Young Festival each September.

Support Center Staff – Roderick Baldwin Outreach – David Fletcher Executive Director – Jane Avery

Page 8 MID SOUTH PEACE & JUSTICE

Mid-South Peace & Justice Center 1000 S. Cooper St, Memphis, TN 38014 www.midsouthpeace.org

The Mid-South Peace & Justice works in our community to achieve social, economic, racial and environmental justice through education, training and community organizing. The homeless community has faced many injustices and empowering homeless folk. Instead of taking a top-down approach to confronting homelessness, we want to add their voices to the conversation and ensure they have a seat at the table. Collaboration between service organizations and people who are homeless will allow us to have a better understanding of the problem, leading us to a better solution.

Our current efforts in improving the living conditions of Memphis's homeless include facilitating Homeless Organizing for Power and Equality (HOPE) and the weekly Thursday morning living room discussions at Manna House (see ad on next page). In addition, we are in the process of surveying homeless folk to assess their needs and their experiences with existing service providers.

Homelessness is nothing less than a human rights issue. In addressing this challenge, we intend to do everything we can to ensure a higher quality of life for all Memphians.

LIVING ROOM DISCUSSION Page 9

Been a victim of harassment?

Want to build a movement for peace and justice on the streets?

Voice your concerns. Improve your situation. Be your own advocate. Take action.

Weekly homeless discussion group meets Thursdays, 9am at Manna House, 1268 Jefferson (near Radio Station). Please call 901-725-4990.

# Page 10 Meal Guide

Calvary Episcopal Church 102 N. Second St. Sundays, 7:30 am

First Presbyterian Church 166 Poplar Sundays, 2:30-4pm.

Food Not Bombs Court Square Saturdays, 2-4pm.

Memphis Union Mission 383 Poplar, Daily

St. Mary's Catholic Church 155 Market Mon-Sat Praise Songs, 6am Coffee & Cookies, 7:30 a.m. Meat Sandwiches & Soup, 9-10am

St. Patrick Catholic Church 277 S. Fourth St. Sunday, 1-2pm.

#### Other meals

Holy Name of Jesus & Mary Catholic Church 697 Keel, Monday & Wednesday, 10:30-11:30

More Than A Meal 1750 Union Ave., Thursdays, 5-6:30

St. Joseph Catholic Church 3825 Neely, Monday, Wednesday & Friday, 12-1p.m.

United Methodist Neighborhood Center 602 Looney, Sundays, 8-9am

St. John Methodist Church 1207 Peabody, Saturday & Tuesday, 4:30 pm

St Luke's United Methodist Church 480 St. Highland, Saturday, 4:30 pm

St. Vincent de Paul 123 Cleveland, Daily, 9:30-11am

Libraries Page 15

Frayser: 3712 Argonne (901) 357-4115

Highland: 460 S. Highland (901) 452-7341

Levi: 3676 US Hwy 61 (S. 3<sup>rd</sup> St) (901) 789-3140

Poplar-White Station 5094 Poplar Ave. (901) 682-1616

Raleigh: 3157 Powers Rd. (901) 452-1068 South:

1929 Smith Third St. (901) 946-8518

Gaston Park: 1040 s. 3<sup>rd</sup> St (901) 942-0836

Hollywood: 1530 N. Hollywood

(901) 323-6201

Parkway:

4655 Knight Arnold

North:

1192 Vollintine (901) 276-6631

Randolph:

3752 Powers Rd. (901) 453-1068

Whitehaven:

4120 Mill Branch Rd (901) 369-9700

Bartlett:

5884 Stage Rd (901) 386-8968

Central:

3030 Poplar (901) 415-2700

Cherokee:

3300 Sharpe (901) 743-3655

Cordova:

8457 Trinity Rd. (901) 754-8443

Cornelia Crenshaw: 531 Vance St. (901) 525-1643

Cossitt: 33 S. Front St. (901) 526-1712

East Shelby: 7200 E. Shelby Dr. (901) 751-7360

Page 16 Websites for Reference

Dealing with Alcohol and Drug Related Issues:

-Alcohol Anonymous Http://wwwaa.org

-Narcotics Anonymous <a href="http://ww.na.org">http://ww.na.org</a>

- -Drug Addictions-Moving Forward Leaving Your Drug Addiction Behind http://www.drug-addiction.com/moving on.htm
- -Getting Help for Alcohol Abuse <a href="http://life.familyeducation.com/marriage/health/45624.html">http://life.familyeducation.com/marriage/health/45624.html</a>
- -Dealing With Addiction (Teens) http://kidshealth.org/teen/your\_mind/problems/addictions.html

**Dealing with Mental Illness** 

- -National Resources Center on Homelessness and Mental Illness <a href="http://ww.nrchmi.samhsa.gov/">http://ww.nrchmi.samhsa.gov/</a>
- -Living with Serve Mental Illness http://www.enotalone.com/article/3102.html
- -Coping with Mental Illness: Here is Help <a href="http://www.capemaycountyherald.com/article/">http://www.capemaycountyherald.com/article/</a> 6367-coping-mental-illness-help-care
- -National Center for Post Traumatic Stress Disorder <a href="http://www.ncptsd.va.gov/ncmain/index.jsp">http://www.ncptsd.va.gov/ncmain/index.jsp</a>
- -Anxiety Disorders Association and America <a href="http://www.adaa.org">http://www.adaa.org</a>

Websites for Reference Page 17

Dealing with Domestic Violence -Tennessee Coalition against Domestic Violence http://www.tcadsv.org/

-Life after Domestic Violence: Tips for Survivors http://www.essortment.com/all/violencedometi\_rdpo.htm

#### Other:

- -Tennessee Justice Center http://www.tnjustice.org/
- -Runaway Help http://www.geocities.com/CapitolHill/6647/runaway.html
- -Center for Disease Control and Prevention <a href="http://www.cdc.gov">http://www.cdc.gov</a>
- -The Memphis Medical Center http://www.mdmemphis.org/patients/supportinggroups.aspx

Page 18 Hotlines

Dealing with Alcohol and Drug Related

- -AA Hotline
- -Cocaine Anonymous
- -Marijuana Anonymous
- -Nationwide Addictions Assistance

Dealing with Mental Illness:

-American Psychological Association

- 1-800-946-2000
- -Mental Health America 1-800-969-6642
- -National Alliance on Mental Illness 1-800-950-6264
- -National Suicide Prevention Lifeline 1-800-273-TALK (8255)
- -Post traumatic Stress Disorder Hotline 802-296-6300

**Dealing with Domestic Violence** 

- -Domestic Violence Hotline in the US 1-800-799-7233
- -National Domestic Violence Hotline 1-800-799-7322 1-800-787-3224
- -Woman's Resource and Rape Assistance Program Hotline (901) 664-9727 Hotline 1-800-273-8712
- -Woman's Referral Center 1-800-322-8092

# Others:

- -National AIDS Hotline 1-800-822-7422
- -National Runaway Switchboard 1-800-621-4000
- -The Crisis Center (901) 274-7477
- -Young Adult Crisis Hotline 1-877-702-2463

Page 20 Runaway Help

Tips for Teens. We Care About You and We Can Help...

- -Don't be afraid to ask for help.
- -You can ask for help for a friend.
- -Look for a trusted adult to talk to: teacher, guidance counselor, family member, neighbor, family friend, minister/clergy, etc.
- -You can call a local youth shelter or the National Runaway Switchboard at 1-800-RUNAWAY for help without using your name
- -The staff at any local Safe Place program is willing to listen.
- -Your concern is not too big or too little for a Safe Place agency to help.
- -Be honest about your needs.
- -The first time we experience most events, we react strongly.
- -As we think it through or the event occurs again, our reactions change. Writing out your feelings can help.
- -Admit your own mistakes. Attack the problem and not the person. Calm down before you react. Think before you speak. And, look for understanding without being defensive.
- -If you don't have a safe place to be, you have a right to a Safe Place.
- -Using tobacco, alcohol and other drugs can have a negative effect on your life; the majority of youth have chosen not to get involved with drugs or alcohol.

Remember, a crisis is temporary and will pass with time. Dealing with it in the right way is most important.

Runaway Help Page 21

Shelters for Runways

Family Link/Youth Villages
Poplar Group Home/Project safe Place
1582 Poplar Ave.
Memphis, TN 38014
Phone: (901) 762-3758

Project Safe Place: (901) 762-3758

http://www.youthvillages.org/familyLink.aspx

Youth Villages' Poplar Group Home provides community based help to young people with emotional and behavioral problems and is also a part of the Project Safe Place Network. It is the only emergency shelter for runaway and homeless teens within a 200-mile radius of Memphis.

**Hotlines For Runaways:** 

- -National Runaway Switchboard 1-800-621-4000
- -Youth Villages Teen Crisis Hotline (24 hrs.) (901)-276-7233

Websites For Runaways:

-Runaway Help

http://www.geocities.com/CapitolHill/6647/runaway.html

-Dealing with Addictions (Teens)

http://kidshealth.org/teen/your\_mind/problems/addictions.html

Page 22 Shelters and other Services

111 Racine

(901) 323-3600

http://www.agapemeanslove.org

Services: Families in Touch (FIT) is a collaborative effort to serve homeless, pregnant, mother and up to 3 children in transitional housing and support services.

Alcoholics Anonymous-Memphis Office

1835 Union Avenue, #303

Phone : (901) 454-1414; (9010 726-6750

www.memphis-aa.org

Services: Provides information on alcoholism and AA meetings to those who are ready to achieve and maintain sobriety.

Alpha Omega Veterans Services

1183 Madison

(901) 726-5066

www.aovs.org

Services: Offers various types of transitional housing for homeless veterans

**Baron Heights Transitional Center** 

1385 Lamar

Contact: (901) 728-5873 http://www.bhcdec.com

Services: Medical referrals to VA hospitals, job counseling and preparations throughout

stay, 40 beds for males.

Berclair Church of Christ

4536 Summer

Contact: (901) 458-5966

Services: Provide bagged lunches on Mondays 9-11am

BRIDGES GED/Life Skills Program (ages 17 and over)

Contact: (901) 260-3772

http://www.bridgesusa.org/gedlifeskills

Services: Provides GED, Life skills, parenting, and career workshops.

Brinkley Heights Ministries: Emergency Services 3286 Rosamond

Contact: 327-0985

http://www.streetministries.org

Services: Emergency Services provides clothes closet, food pantry, and spiritual &

referral counseling program.

C.A.A.P. Inc (Cocaine and Alcohol Awareness Program) 4023 Knight Arnold, 3375 Winbrook, 1725 Pinebrook

http://www.caapincorporated.com

Services: Extended residential drug and alcohol treatment at Knight Arnold location. Maximum stay of 6 month, homeless veterans residential services at Winbrook location. There's a supportive housing program for homeless non-veterans at Pinebrook location.

Calvary Rescue Mission

960 S 3<sup>rd</sup> St.

Contact: (901) 775-2570

http://www.calvaryrescue.org

Services: Provides temporary shelter, clothing and food for men willing to give their lives

to the Lord.

Door of Hope

245 North Bellevue

Contact: June Averyt (by referral only) (901) 725-1140

http://door-of-hope-memphis.org

Services: Access to shower, laundry, light lunch, various classes/workshops, and

supplemental intensive case management.

Dozier House

85 N. Cleveland St.

Contact: (901) 278-2367 (Intake)

http://www.ccwtn.org/homeless.html

Services: serves homeless men and women who are chemically dependent and in need of a structured, 24-hr alcohol and drug treatment program.

First Presbyterian Church

166 Poplar

http://www.1stpresmemphis.org/out.html

Services: Sunday afternoon they have a soup kitchen and clothes closet from 1:30-3:30, the church also hands out around 30 vouchers for three nights in three surrounding shelters.

Friends for Life 43 N. Cleveland

Contact: (901) 272-0855

http://www.friendsforlifecorp.org

Services: Provides HIV education, HIV testing, Food Pantry (for people infested with the virus), transportation to medical appointments, shelter plus apartments and tenant based rental assistance.

Genesis House 300 N Bellevue Blvd Contact: (901) 726-9786

Services: Residential treatment/case management for adult, homeless, mentally ill, dually diagnosed individuals. (Referral Needed).

Grace House 329 N Bellevue

Contact: (901) 722-8460

http://www.gracehousememphis.org/gracehouseofmemphisinc/

Services: Detoxification programs runs 10 days to two weeks, residential program and half way house all for women.

Harbor House 1979 Alcy Rd

Contact (901) 743-1836 ext2229 http://ww.harborhousememphis.org

Services: Residential treatment and halfway care for men addicted to drugs and alcohol.

Highland Heights United Methodist Church

3476 Summer Ave Contact: 458-5966

Services: provides meals at 12 on Monday. Also provides boxed meals on Mondays from 9:30-12 noon. (For the boxed meals, you must bring recent mail that shows address and SS cards for every member of the household. Only for those who live in the 38122, 38124, 38120 zip codes).

Hope Works 1930 Union

Contact: (901) 272-3700

Services: 13 week personal and career development class from Monday-Friday from 9-4. They also Provides health and hygiene products every Tuesday 10-11:30. They also offer a GED programs (must be referred).

Hospitality Hub 146 Jefferson

Contact: (901) 522-1808

### http://www.hospitalityhub.org/

Hours: Monday, Wednesday and Friday from 1-4

Services: They provide toilets, beverages, place to rest, service referrals for newly homeless, mail, telephones, internet, lockers, travelers aid If available, help with getting drivers license and birth certificates, counseling services, spiritual services.

House of Prayer Outreach Mission-Idlewild

1750 Union Ave

Contact: (901) 726-4681

http://www.idlewildchurch.org/outreach.html

Services: Every Thursday night they offer a chapel service at 5pm followed by dinner and

music at 5:30pm. Also transitional housing for families.

Karat Place, Inc 829 North Parkway Contact: (901) 525-4055 http://www.karatplace.org/

Services: Transitional housing for women ex offenders with or without children.

**Lighthouse Mission Ministries** 

3630 Jackson

Contact: (901) 382-0966 (referrals)

Services: Faith-based long term shelter: faith based chemical dependency intervention; back-to-work job placement program; spiritual guidance/counseling; transportation to and from work, medical appointments, court appointments and parole appointments. (Male only)

Living Legacy 1581 Ontario

Services: Mental health evaluation and counseling skills training, assistance with housing placement, food collection from South Memphis community garden and delivery to Living For Christ Shelter in Frayser and other transitional housing locations.

Manna House 1268 Jefferson

Contact: Peter Gathje: (901) 272-0509

http://www.emmanuelhousememphis.org/mannahouse.html

Hours: Monday, Tuesday and Thursday from 8am-11:30am

Services: Living room to rest in, beverages, use of phone and bathroom, use of shower and personal hygiene products and change of clothes. Help with providing support to friends or family in jail. Every Thursday at 10 a.m. "Living Room Discussion"

Memphis Family Shelter

Contact: Donna Fortson at (901) 278-2728

Services: Transitional housing, case management, individual counseling support groups, parenting and life skills training, assistance with GED or furthering or job skills for mothers and children.

Memphis Literary Council

902 S. Cooper St.

Contact: (901) 327-6000

Services: Provides programs of low-literate adults and disadvantaged families. The agency operates its adult learning program from a mid-town location and is open day7s, evenings and Saturday morning.

Memphis Union Mission

Men's Emergency Shelter & Moriah House: 383 Poplar

The Wright Transitional House: 170 Tillman Calvary Colony: 4535 Benjestown Rd.

Contact: (901) 526-8403

Services: Meet the immediate needs of food, clothing and shelter; Bible based counseling. The first 4 days and nights free, after which it is \$6 per night (4 free nights a month and free nights if temperatures are freezing or below) for men). Moriah House offers long-term recovery program that is Biblically based. For women with children (note: boys to age ten) and single women.

MIFA Les Passees Children and Family Center

379 Cossitt Place

Contact: Sherry Schedler at 529-4515

Services: Transitional housing for homeless families. Life skills classes are also available.

Mission Global Ministry

1600 S. Lauderdale St.

Contact (901) 948-8111

Services: Long term transitional shelter for homeless and addicted, parolees and displaced. We provide the following: Anger management, Alpha 12 steps, computer training, job readiness, spiritual counseling and GED.

Missionaries of Charity

700 N. 7<sup>th</sup> St, Memphis, TN 38107

Contact: 526-5456

Services: Emergency family shelter provided for single women with children (boys under

5). Families are limited to two weeks.

Narcotics Anonymous-West Tennessee

http://www.na-wt.org/

For information on local meetings, call the local hotline at (901) 276-5483

Planned Parenthood of Great Memphis Region

1707 Union Ave #300 Phone: (901) 725-1717

www.plannedparenthood.org/memphis/

Salvation Army

Shelter referral at the Purdue Center of Hope 696 Jackson Ave

Contact (901) 543-8586

### http://www.salvationarmymemphis.org/

Services: Emergency family shelter, hot meals and clean clothing provided. Also, Case Management, job training and job placement referrals.

Serenity Recovery Centers 1094 Poplar Avenue Memphis TN 38105 Contact: (901) 521-1131

Services: Substance abuse counseling & rehabilitation

Sophia's House 1325 Jefferson Ave Contact: (901) 728-4229

Services: Housing for homeless women with children that have been involved in a

domestic violence issue.

Synergy Foundation Inc. 2305 Airport Interchange Contact: (901) 332-2227 http://www.synergyc.org/

Services: provide effective residential and outpatient alcohol and drug treatment. Men and women are placed in jobs and this therapeutic works funds the majority of the treatment costs. Outpatient services are provided to individuals, families and children. Our comprehensive approach empowers families and enables individuals to return to the community as sober, productive citizens Educational referrals for school age children. Transitional and permanent housing referrals, mental health services referrals, social service counseling, alcohol and drug counseling and treatment referrals, spirituals counseling. For homeless women and mothers with children and single male parents with children are also accepted on case-by-case basis.

Tanasi Council of the Far Away Cherokee 2811 Ravenwood Drive Contact" 373-3885

Services: Helps to find housing for Native American homeless and can help to reunite with Native American with tribe.

YWCA Abused Women's Services

Address unlisted

Contact: Hotline (901) 725-4277 <a href="http://www.memphisywca.org/">http://www.memphisywca.org/</a>

Services: Provide court advocacy, immigrant services and emergency shelter services for abused women and children in Memphis.

**VETERAN SERVICES pg 30** 

Veteran Services provided by VA Medical Center

Memphis TN, VA Medical Center, The Health Care for Homeless Veteran (HCHV) program 600 Poplar Ave,

#### Services

- Healthcare enrollment referrals
- Clinical assessment
- Referral to needed medical, mental health and substance abuse services
- Referral to employment training programs with job placement potential
- Referral to VA and non VA disability benefit services
- Referral to short and long term shelter and transitional home program assistance
- Referral to permanent housing
- Referral to food, clothing and hygiene services

The program serves veterans who are homeless or at risk. Intake hours are Monday-Friday between 10am-12pm at the VA Medical Center, Bed Tower, 4<sup>th</sup> floor and Tuesday's between 9-12pm at the Drop-in Center, 600 Poplar Ave. Upon arrival to the VA Medical center please check in with Shelagh Meadows for assistance. Health Care for Homeless Veterans program (HCHV) is composed of the Grant and Per Diem programs (GPD), the Transitional Supported Housing and the Housing Urban Development-Veterans Affairs Permanent Supportive Housing program (HUD-VASH).

## The Grant and Per Diem (G&PD)

Services: Transitional Home Program provides alternative time-limited housing (up to 24 months) programs for homeless veterans through partnership with community transitional home agencies. The goal is to help homeless veterans to increase their skill levels and/or income, exhibit greater self-sufficiency and achieve residential stability.

# Other services include

- -Transitional housing for eligible veterans
- -Comprehensive individualized treatment plans
- -Case management services
- -Dental care services for eligible veterans upon completion of 60 days in the program.

**VA Homeless Program Staff** 

Homeless Program Coordinator, Homeless Program Liaison

Ovul Ince, MSSW Ext 7085

Homeless Program Liaison

Louisa Beck, MSSW Ext 6216

Homeless Program Social Worker

Chase Spiegel, MSW Ext 5606

Homeless Program Social Worker

India Johnson, MSSW Ext 6215

**Homeless Program Addiction Therapist** 

Al Kern, MS Ext 6802

**Homeless Program Support** 

Shelagh Meadows Ext 5661

**Homeless Program Outreach** 

Pat Hines, MSSW Ext 6711

The Housing and Urban Development-Veterans Affairs Supported Housing Programs (HUD-VASH)

Services: provides permanent housing and ongoing cause management treatment services for homeless veterans, and their immediate families who would not be able to live independently without the support of case management. HUD's Section 8 vouchers designated only to eligible homeless veterans.

Other services provide:

-HUD's Section eight vouchers for permanent housing

-Outreach and case management to ensure integration of services and continuity of care

**HUD-VASH Program Staff** 

Contact: 901-523-8990

Jackie Taylor-Mays, MSSW Ext 6217

Ella Jones, MSSW Ext6218

Pamela Carroll, MSSW Ext 5256

Baby Love Midtown Mental Health Center Pregnant Women Programs 450 Pontotoc Ave (901) 577-9356 Families: **Estival Communities** 379 Cossitt Place Sherry Schedler at (901) 529-4515 House of Prayer Outreach Mission-Idlewild 1750 Union Ave (901) 726-4681 Memphis Union Mission: Intact Homeless Family Programs 4535 Benjestown Rd. (901) 357-9641 Fishes and Loaves Closet Open Tuesday & Thursday 1:30 - 3 p.m.Fishes & Loaves is a clothes closet and food Pantry offers assistance to those in need. Fishes & Loaves is located at: First Congregational Church, just south of the intersection of Cooper & Young Aves.

Every 4<sup>th</sup> Sunday, First Congregational Church gives groceries to eligible families.

Application forms are available at the church.

Interested families from zip codes 38104, 38111, 38114 should inquire with John @ 278 676, ext 108, to see if you qualify.

First Congregational Church

1000 South Cooper, Memphis TN 38104

Ph: 901.278.6786

Who speaks for the interests of your

Community

Who is your voice in the

Community, Society & local Government

G.O.T. Power (Grassroots Organizers Training for Power) can help provide the tools and support to organize within your community to speak with your own voices to the issues that directly impact your lives every day.

G.O.T. Power is 8 week training in the skills of community organizing-including skills you need to be effective, expert advice from current leaders, resources, tools, and local information.

G.O.T. Power participants come from all backgrounds, from activists and advocates, to service providers to local community members who want to be more involve3d with issues affecting their communities.

Get involved by calling (901) 725-4990 today!

The Mid-South Peace and Justice Center, (901) 725-4990

Given recent events the presence of a Food not Bombs group in Memphis is vital. It is a near perfect proactive statement on the issues currently at hand in the nation (violence, hate, militarism) and brings focus to local issues (hunger poverty, homelessness) that are often ignored.

#### WE Need Help!!!

Volunteers are needed to help assist with:

Food donations pick ups (from stores). We need people who can go to the store on Thursdays and Fridays to pick up food donations. We can usually get stuff from Wild oats, but if you know of other places willing to donate, by all means try them too.

Transportation is a chronic problem since few of us have cars

We cook every Saturday morning (11am) at Galloway Church-located at the corner of Cooper and Walker in Midtown. Join us! We can always use extra hands.

No experience necessary, it's easy.

We need people to help take the food downtown and serve it on Saturday afternoons between 2-4pm. The location is at Court Square which is located downtown on Court Street,

Make a donation (food, clothing, supplies)

Medical Help- Uninsured Appendix

Church Health center Wellness facility

1115 Union Ave.

Contact: (901) 259-4673

Services: Open to the entire community, helping people stay healthy in body and spirit. It offers an affordable facility and the resources to improve lives physically and spiritually.

Memphis Health Center

Services: Immunizations, screenings, family practice, OB-GYN, internal medicine, dental, medical laboratory, pharmacy, and radiology.

Locations:

Memphis Health Center, Inc.

360 E.H. Crump Blvd.

Contact: (901) 261-2000

wljackson@mphshc.org

**Greenlaw Health Center** 

278 Green Law

Contact: (901) 261-7303

Rossville Health Center (urology and podiatry services available)

P.O. Box 249, HWY 57

Rossville, TN

Contact: (901) 261-7303

Lemoyne Owens College Student Health Services

807 Walker

Contact: (901) 435-1460