

The 40 I Am's

Confessing the 40 I am's on a daily basis will cause you to see yourself the way God sees you.
The opinions of others don't matter when you know who you are.

1. A Child of God | Romans 8:16

The Spirit himself testifies with our spirit that we are God's children.

2. Redeemed from the hand of the enemy | Psalm 107:2

Let the redeemed of the Lord tell their story, those He redeemed from the hand of the foe.

3. Forgiven | Colossians 1:13-14

For He has rescued us from the dominion of darkness and brought us into the kingdom of the Son He loves, in whom we have redemption, the forgiveness of sins.

4. Saved by grace through faith | Ephesians 2:8

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God.

5. Justified | Romans 5:1

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ.

6. Sanctified | 1 Corinthians 1:2

To the church of God in Corinth, to those sanctified in Christ Jesus and called to be His holy people, together with all those everywhere who call on the Name of our Lord Jesus Christ—their Lord and ours.

7. A new creature | 2 Corinthians 5:17

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

8. Partaker of His divine nature | 2 Peter 1:4

Through these He has given us His very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.

9. Redeemed from the curse of the Law | Galatians 3:13

Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who is hung on a pole.”

10. Delivered from the powers of darkness | Colossians 1:13

For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves.

11. Led by the Spirit of God | Romans 8:14

For those who are led by the Spirit of God are the children of God.

12. A son of God | Romans 8:14

For those who are led by the Spirit of God are the children of God.

13. Kept in safety wherever I go | Psalms 91:11

For He will command His angels concerning you to guard you in all your ways.

14. Getting all my needs met by Jesus | Philippians 4:19

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

15. Casting all my cares on Jesus | 1 Peter 5:7

Cast all your anxiety on Him because He cares for you.

16. Strong in the Lord and in the power of His might | Ephesians 6:10

Finally, be strong in the Lord and in His mighty power.

17. Doing all things through Christ who strengthens me | Philippians 4:13

I can do all this through him who gives me strength.

18. An heir of God and a joint heir with Jesus | Romans 8:17

Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in His sufferings in order that we may also share in His glory.

19. Heir to the blessing of Abraham | Galatians 3:26

So in Christ Jesus you are all children of God through faith.

20. Observing and doing the Lord's commandments | Deuteronomy 28:12

The Lord will open the heavens, the storehouse of his bounty, to send rain on your land in season and to bless all the work of your hands. You will lend to many nations but will borrow from none.

21. Blessed coming in and blessed going out | Deuteronomy 28:6

You will be blessed when you come in and blessed when you go out.

22. An heir of eternal life | 1 John 5:11-12

And this is the testimony: God has given us eternal life, and this life is in His Son. Whoever has the Son has life; whoever does not have the Son of God does not have life.

23. Blessed with all spiritual blessings | Ephesians 1:3

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.

24. Healed by His stripes | 1 Peter 2:24

“He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.”

25. Exercising my authority over the enemy | Luke 10:19

I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.

26. Above only and not beneath | Deuteronomy 28:13

The Lord will make you the head, not the tail. If you pay attention to the commands of the Lord your God that I give you this day and carefully follow them, you will always be at the top, never at the bottom.

27. More than a conqueror | Romans 8:37

No, in all these things we are more than conquerors through Him who loved us.

28. Establishing God's Word here on earth | Matthew 16:19

I will give you the keys of the kingdom of heaven; whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.”

29. An overcomer by the blood of the Lamb and the Word of my testimony

Revelation 12:11

They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death.

30. Daily overcoming the devil | 1 John 4:4

You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.

31. Not moved by what I see | 2 Corinthians 4:18

So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

32. Walking by faith and not by sight | 2 Corinthians 5:7

For we live by faith, not by sight.

33. Casting down vain imaginations | 2 Corinthians 10:4-5

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

34. Bringing every thought into captivity | 2 Corinthians 10:5

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

35. Being transformed by renewing my mind | Romans 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing and perfect will.

36. A laborer together with God | 1 Corinthians 3:9

For we are co-workers in God's service; you are God's field, God's building.

37. The righteous of God in Christ | 2 Corinthians 5:21

God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.

38. An imitator of Jesus | Ephesians 5:1

Follow God's example, therefore, as dearly loved children

39. The light of the world | Matthew 5:14

You are the light of the world. A town built on a hill cannot be hidden.

**40. Blessing the Lord at all times & continually praising the Lord with my mouth
Psalm 34:1**

I will extol the Lord at all times; His praise will always be on my lips.